

Salad of Kohlrabi, Apples and Watercress with an Orange Blossom Dressing - by Healing Family Eats

If you can't get hold of watercress, try this salad with some gourmet greens, such as baby tatsoi (serves 4)

for the salad:

2 kohlrabi, peeled and sliced thinly

2 tart, crisp apples (such as Granny Smith), quartered and sliced thinly

1 bunch watercress

edible flowers

for the dressing:

2 tbsp extra virgin olive oil

1 tbsp [apple cider vinegar](#)

2 tsp [orange blossom water](#)

1 tsp raw honey

generous pinch [sea salt](#)

What can I say? Gather, mix, present, enjoy. Simple!

